Spacemaker Spacemaker

Vol. 1, No. 29

McClellan Air Force Base, Calif. (http://www.mcclellan.af.mil/Pa/spacemaker.html)

AUGUST 3, 2000

TAKE NOTE

Free issue annex opens

A free issue annex opens in Bldg. 200, Room 11 Tuesday.

For more information, call 643-0297.

Blood Drive Aug. 10

A blood drive is scheduled for Aug. 10 from 10 a.m. to 2 p.m. at the community center. Eat and drink plenty of fluids before donating and bring a photo ID. Popcorn and hotdogs will be served and movies will be shown.

For more information, all 1st Lt. Jennifer Craven at 643-5962.

Weapons qualification ends

The 77th Security Forces Combat Arms section will stop all weapons training Sept. 30 in preparation for base closure. All personnel who will require weapons training, for duty qualifications or PCS, must be trained no later than Sept. 30. All scheduling must be done through squadron schedulers or the Outbound Assignments section. Outbound assignments will determine if firing must be done within 60, 90 or 180 days of departure. For more information, questions or to schedule training, call Senior Airman Michael Kitchens at 643-5599 or 643-2659.

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"Completing the mission of McClellan Air Force Base with professionalism and honor"

Cafeteria prepares for final feast

By Jennifer Vargas

Staff Writer

The smell of sausage and eggs sizzling on the griddle almost smacks you in the face during the morning hours. And right around noon, you can expect a tasty, freshly made ham on rye with Swiss cheese . . . but not for much longer.

You see, the folks who are responsible for filling the tummies of hundreds of McClellanites are packing away their spatulas and "secret" recipes and closing their doors for good come Sept. 21.

McClellan's Main Cafeteria, Bldg. 281, has been doing business since the early 1950's, according to Sam Nay, cafeteria manager. And he ought to know. Nay, who has seen a lot of changes, has been working for the base's restaurant business for more than 30 years.

"There used to be nine restaurants on base during its hay day," said Nay, who started out as a dishwasher.

The base, at one time, operated four satellite restaurants, which were small, one-person run restaurants. Four canteen trucks, similar to today's lunch truck, also kept McClellan's employees fed.

"I can remember serving at least 2,000 employees in one day," said Nay.

The base's only cafeteria currently serves a little more than 300 people a day.

The base's restaurants, at one time, employed 138 people. Today, only eight people work there.

Some of the cafeteria's most requested foods include the beef enchiladas and the chicken fried steak.

"I'd plan my work week around fried rice Fridays," said Jim Reeves, public affairs.



U.S. Air Force photo by Robin Jackson

Rose Tenorio, a cook from the cafeteria in Bldg. 281, serves a customer during the lunch rush Wednesday. The cafeteria is scheduled to serve it's final meal Sept. 21.

"That was my favorite."

But, people don't have to plan their work weeks around the menu. The cafeteria has been known to reveal their "secret" reci-

"We've actually had several requests for recipes, and we divulge them to our customers," Nay said jokingly.

In fact, Nay and other cafeteria workers have gotten to know some of their customers so well, they know exactly what they're going to order before they even reach the

"I love my job because it keeps me going, and I get a chance to meet people all the time," said Rose Tenorio, Main Cafeteria cook. "I'm really going to miss all the people."

Sue McMillan, Richard Mendonca, Jose Garrido, Rose Alexander, Stephen Rucker and Gilbert Keller are all ready to help you at the base's cafeteria, open Monday through Friday from 6 a.m. to 1 p.m. The cafeteria's last day will be celebrated with a half-off selected items menu.

Be sure to know political dos, don'ts

By Walter Pupko

Air Force Materiel Command Law Office

WRIGHT-PATTERSON AIR FORCE BASE, Ohio -- This is a Presidential election year, when interest in politics is at its highest.

In addition to electing a new president and vice president, there will be elections for members of Congress, state and local officials, and various other matters. Civilian employees and military personnel are encouraged to exercise their right to vote for the candidates of their choice.

However, in order to ensure there is not even the appearance of official endorsement of any candidate or other partisan political issue, there are restrictions on military members and civilian employees' other political activities. Do you know what you are and are not permitted to do?

Unless otherwise noted, the rules listed below are the same for both civilian employees and military personnel.

Political activities that appear to be official are strictly prohibited. You may not engage in political activity while on duty or in a government office.

You may not use your official authority or influence to interfere with an election. You may not solicit or discourage political activity of anyone having business with your agency.

As noted above, you are permitted to vote in elections. You are also permitted to express opinions about candidates and issues, as long as you do not do so as a representative of the Air Force.

There are some limits, however, on how you may express your opinions. Civilian employees may send letters to the editor to support a candidate, but military personnel may only send letters to the editor expressing their views on public issues that do not involve a partisan political cause.

Military personnel may not allow, or cause to be published, partisan political articles signed or authorized by the member for soliciting votes for or against a partisan political party or candidate. You may have a sign supporting a candidate outside your house (but military personnel living in base housing should consult their legal office), you may have a bumper sticker on your car, and you may wear a button when you are off-duty, away from

the work place, and not in uniform.

Political campaigns need money. Civilian employees who would like to contribute to a political campaign may do so. Military personnel may make monetary contributions to a political organization or political committee favoring a particular candidate, but may not make contributions to a political candidate.

Civilian employees cannot solicit or receive political contributions (there is a limited exception for labor or other employee organizations). Military personnel may not solicit or otherwise engage in fund-raising activities in federal facilities, may not otherwise solicit contributions from other military or civilian personnel, and may not sell tickets for or otherwise promote political fund-raising events.

The restrictions on political activities are less severe for civilian employees than for military personnel. Civilian employees may join and be an active member of a political party or club, may campaign for or against a candidate in a partisan political campaign, make campaign speeches for candidates, distribute campaign literature, sign nominating petitions, attend and be active at political rallies and meetings, and participate in voter registration drives. Military personnel may join a political club and attend meetings when not in uniform and may sign nominating petitions.

Military personnel may not participate in partisan political campaigns, march or ride in a partisan political parade, participate in partisan political campaigns or make public speeches in the course of such activity, and may not speak before a partisan political gathering to promote a partisan political candidate.

Civilian employees may be candidates for public office in nonpartisan elections. Military personnel generally may not be candidates for public office, even in nonpartisan elections.

The United States Office of Special Counsel is responsible for implementing the restrictions that apply to civilian employees' political activities. More information on these restrictions can be found in a flyer available at its web site: http://www.osc.gov/Documents/haflyer.pdf.

Permitted and prohibited political activities for members of the Air Force can be found in AFI 51-902. (*AFMCNS*)

SPACEMAKER

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SPACEMAKER

Bldg. 200, Room 125 (916) 643-6100 http://www.mcclellan.af.mil/PA/ Spacemaker.html Public Affairs Editorial Staff

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"Air Force people building the world's most respected air and space force ... global power and reach for America"

Air Force Materiel Command Vision

"Quality Systems for America's Air Force"

Sacramento Air Logistics Center Vision

"Completing the mission of McClellan AFB with professionalism and honor"

Team McClellan, McClellan Park

An invitation to join me at the flagpole

By Jim Barone

Center Director

We're less than a year away from transitioning this historic installation to a business park. As the Air Force continues to draw down here and private business moves in to fill the space, it would be easy to overlook the important military traditions and history here. I'd like to invite you to join me in working to not let that happen.

Every day at 5 p.m. retreat sounds over the base Public Address system and members of the 77th Security Forces Squadron bring down the flag marking the end of the duty day. These two minutes serve as an opportunity for all of us to reflect on the history of McClellan and to honor the sacrifices so many thousands of people here, and so many more throughout our nation's military, have made to ensure our flag continues to fly.

Many people are now working on base who have



U.S. Air Force photo by Jim Reeves

Tech. Sgt. Carlos R. Okey, Staff Sgt. Denver L. Johnson, and Airman 1st Class Dominick Juliano, 77th Security Forces Squadron, lower the flag at the end of the duty day. Retreat is a time of reflection.

never experienced life on a military installation. I invite all

of you to join us in this unique and special ceremony each day.

In respect for the flag and all it represents, a few simple courtesies should be followed. If you're driving, pull over to the shoulder, stop your car and sit quietly while the National Anthem plays. If you're walking, stop, face the direction of the flag by Bldg. 1, and place your hand over your heart. If you're in uniform, render a salute.

These two minutes pass quickly every day, but they are an important reminder of what this base was built to do -- protect our freedom. Periodically, I walk to the flagpole to watch the retreat ceremony.

I invite you to join me, for we have but a few of these inspiring ceremonies left on our watch. But even if you are unable to join me at the flagpole, please reflect on the importance of the ceremony and offer your quiet attention and respect.

Thank you and I hope to see you around the flagpole at retreat.

Recruit the recruiter visit set for Aug. 10

RANDOLPH AIR FORCE BASE, Texas

-- Looking for a chance to choose your next assignment? Would you like to manage your own office and be stationed near or in your home state?

If you're a senior airman through master sergeant, the Recruit-the-Recruiter team may have the answer to your Air Force future.

A team from Randolph AFB, Texas, will host a one-hour briefing Aug. 10, 9 a.m., Bldg. 10 conference room.

Qualified applicants may be selected on the spot. Recruiting officials highly encourage those people who are in a mandatory retraining career field to attend this briefing. The briefing will focus on the many benefits of being a recruiter and completing the Air Force recruiting school. It also addresses many of the rumors associated with recruiting duty.

Spouses are encouraged to attend so they fully understand the challenges and rewards of recruiting duty.

The project officer for the team's visit is Master Sgt. Raul Perez, military personnel flight, who can be reached at 643-6274 or 643-5427.

Further information can be obtained by calling the RTR team at DSN 487-3511 or 487-3512 or commercial (210) 652-3511/3512.



Courtesy photo

Few jobs offer Air Force members a chance to shape tomorrow's Air Force today. To find out how you can help, attend the Recruit-the-Recruiter briefing set for Aug. 10, 9 a.m., Bldg. 10 conference room.

Quarterly award winners recognized

By Robin Jackson

Editor

McClellan Air Force Base's company grade officer, senior noncommissioned officer, noncommissioned officer and airman for the second quarter were announced Friday during the quarterly awards luncheon held at Club McClellan.

Airman of the Quarter

Senior Airman Quiana E. Gainey is an information manager for the 77th Communications Squadron. She provides quality customer service for an entire flight as well as developed an effective recognition program for outstanding performance prior to personnel departing the base.

Gainey actively pursues her off-duty education toward her Community College of the Air Force Associate Degree with an overall grade point average of 3.5. She volunteered to assist at the Special Olympics Walk for the Gold and aided in raising more than \$8,600. Gainey is an airman that sets and

enforces Air Force standards.

Noncommissioned Officer of the Quarter

Tech. Sgt. Christopher S. Starling is well rounded and a critical team asset for the 77th Communications Squadron. He developed a communications security training session that reduced the overall training time by 50 percent. Starling received approval from headquarters to implement a centralized message distribution system concept, the first in the Air Force. His flawless performance is vital to Air Force communication needs. Starling volunteered as a unit fitness assessment monitor and a representative for the base census 2000.

Senior Noncommissioned Office of the Quarter

Master Sgt. Antonio G. Alston is the operations superintendent of the 77th Security Forces Squadron in which he leads a force of 80 specialists and two Individual Mobilization Augmentees. Alston has filled a senior master sergeant's position while main-

taining his own, displaying stellar efforts in keeping the mission going. He has improved troop morale and increased productivity and customer service practices within two separate branches. Alston is the treasure of the base Top 3 and active in the Air Force Sergeants Association. He is actively pursuing a degree from the Community College of the Air Force in Criminal Justice.

Company Grade Officer of the Quarter

1st Lt. Ronald S. Potts, II, is the commander for the 77th Communications Squadron Mission Systems Flight. He supervises 120 personnel providing communications support to McClellan and 82 other bases worldwide. Potts serves as a principal advisor to the squadron commander on operations and maintenance policy and procedures. He is a primary communications link for Department of Defense military airlift on transoceanic and worldwide missions as well as a vital link for coordination of air rescue operations in the Western United States.

News Notes

Society of Military Widows meet Saturday

The Society of Military Widows, Sacramento Chapter No. 5, will hold its membership and business meeting, which will include nomination and election of officers for 2000-2002, Saturday at 1 p.m. in the Chapel Annex. For more information, call Edna Brown at 422-0891.

Youth Center hosting Scandia Golf Trip

The McClellan Youth Center will be hosting a trip to the Scandia Golf Palace Aug. 10, 6-8 p.m. This trip will be open to the first 14 members only, ages 12-18. The cost for this trip is \$5.00.

Deadline for sign ups is Monday. Stop by the Youth Center office and pick up a permission slip. For more information, call 643-2074.

Monthly military retiree meeting

The next monthly retiree meeting is Wednesday, 10:30 a.m. at the Community Center, old NCO club. The speaker will be Steve Morgan from the Military Dental plan office. Morgan will talk about all aspects of the Military Dental plan and clear up any misconceptions about the plan and how the retiree can get proper dental care. All military retirees, spouses and widows are invited to attend.

NCOA Member Appreciation Wednesday

The Central Valley Chapter and Spirit of Sacramento Chapter of the Noncommissioned Officers Association will host a member appreciation function Wednesday 3:30 p.m. at Flashback. This will replace the Central Valley Chapter regular monthly general membership meeting. All members are encouraged to attend and bring a guest.

The chapter will be recognizing several members and other special supporters of the organization. Lots of food and several door prizes will be provided. For more information, call Chief Master Sgt. Jim Sullivan at 643-6808.

Volunteers needed for pledge drive

The McClellan Aviation Museum is looking for volunteers to assist, KVIE, Channel 6 with a pledge drive Aug. 12 from 11:15 a.m. to 4 p.m. During that pledge time KVIE will show two movies portraying the military. For more information, call Iris Taggart at 455-4412.

Youth Center sponsoring California State Fair

The McClellan Youth Center is sponsoring a trip to the California State Fair Aug. 23, 4-9 p.m. This trip is limited to 14 members, ages 13-18.

Deadline for sign ups is Aug. 18. Stop by the Youth Center office and pick up a permission slip. For more information, call 643-2074.

Oregon Air National Guard has openings

The Oregon Air National Guard, 142nd Fighter Wing, has part time openings in Portland, OR, for the following Air Force Specialty Code's: 1C0X2, *1W0X1, *2A3X1A,B, C, *2A3X3A, *2A4X5, *2A6X1A, *2A6X2, *2A6X4, *2A7X3, *2E0X1, *2E1X1, *2E1X3, *2F0X1, *2S0X1, *2T1X1, 2T3X2B, 2T3X4, *2W1X1, *3A0X1, *3C0X1, *3C1X1, *3E0X2, *3E4X2, *3M0X1, *3P0X1 and 4N0X1. AFSC's denoted by *qualify for additional \$350 per month on your Chapter 30 GI Bill \$20,000.00 Student Loan Repayment Program -- available in certain AFSC's. Retraining is available. Check out our web page at www.orport.ang.af.mil. For specific AFSC's call the recruiting office at 1-800-392-1801, DSN 638-4040, Commercial (503) 335-4040 or e-mail: Mike.Ellis@orport.ang.af.mil. -- Recruiting Office Supervisor.

Memorabilia for sale

The McClellan Aviation Museum and the Base Exchange have McClellan Air Force Base glassware memorabilia for sale. Wine glasses, goblets, tankards, heart shaped jewelry boxes and votive candleholders.

For more information, call 643-3192.

McClellanite receives Parent of the Year award

By Sandra Kosmatin

Staff Writer

Local civilian employee receives well-deserved recognition from the Grant Joint Union High School District recently, during their first Parent Recognition Dinner held at the Sacramento Clarion Hotel.

Frieda Golden, an inventory management specialist for the Stock Control Unit within the Logistics Depot Support Flight, was selected as Parent of the Year and honored for her significant contributions to the Grant Joint Union High School District.

"As an educator, I can personally attest to the need for more parent, community and business involvement in public education," said Dr. Larry M. Buchanan, Education Department superintendent, Grant Joint Union High School District. "However, McClellan Air Force Base has one dynamic individual who is not afraid of hard work, and she has committed her time and energy to many projects within our family."

Golden has been an employee of McClellan for more than 18 years. Currently working for the 77th Air Base Wing Logistics Directorate in Bldg. 783A, she tracks materials using the Wholesale and Retail Receiving and Shipping System, and is involved with the ship-

ment of assets repaired by the depot for the Army's Firefinder Radar System.

"Frieda's hard work, dedication and can do attitude has been an asset to the highly visible Army Workload Team," said Penny Kessler, supervisor of the 77th Air Base Wing Logistics Depot Support Flight. "Frieda fit right in from the get go. She gave it her all as she worked with the other team members to get up to speed on the project, often giving the team new insights to old problems, and recommending new solutions."

"We are all proud of Frieda for receiving the Parent of the Year award," said Kessler. "But, it's of no surprise, we know how dedicated she is to her family, the community and the Grant School District, she talks about them all the time."

In addition to her full time job at McClellan, Golden is the wife of Johnny R. Golden and stepmother of two girls: Tiffanie, 18; Krystal, 17; and mother of three boys, Andre, 19; Ronnie, 15; and Jimmy, 13. The youngest of which is involved in Natomas junior basketball, Grant's little league baseball and Grant's Chargers football team. During each season, she donates many hours working the snack bar, front gate, car pool and organizing upcoming events for the leagues.

Golden has been a parent volunteer and role model within the district for six years and donates more than 40 hours of her time each month to help the parents and students throughout the school district by remaining actively involved in various committees.

"Frieda is a member of the District Advisory Committee; Grant Union High School's Site Council; Martin Luther King Jr., Junior High School's Site Council; Grant Union High School's Advisory Committee; Grant Chargers, Pop Warner Football League; and Grant Little League Association," said Buchanan. "She is a resource of smiles, hugs and kind words of encouragement for everyone she encounters."

In addition to these committees, Golden is also captain of the Parent Patrol at Grant High School, which is a subcommittee of Grant High School Advisory Committee.

"The parent patrol is comprised of approximately 25 volunteer parents working closely with the school's hall monitors

to patrol the school halls, ensuring students make it to class on time, ultimately reducing truancies," Golden explained. "The parent patrol works with the school's safety committee by having more eyes and ears for the safety of our children and staff at Grant High School."

"As a secretary and member for Grant's High School Advisory Committee, I work closely with the committee to over see Title 1 grants to help all students get the extra academic assistance necessary to bring their grades up to grade level and ensure their overall academic success," she added. "The committee also holds various workshops and training sessions for parents and students throughout the year."



U.S. Air Force photo by Sandra Kosmatin Frieda Golden, inventory management specialist, looks up from reviewing her daily products.

"Frieda's commitment and service to the district has enhanced the educational opportunities for all our students and parents," said Buchanan.

Golden holds the office of Steering Committee Member of the National Coalition of Title 1/Chapter 1 Parents. This organization meets on a national and regional level approximately three-to-four times a year to provide workshops for parents and children. According to Golden, the organization focuses on increasing parental knowledge of Title 1/Chapter 1 programs and to sharpen skills for the continuing growth and development for parents.

Although Golden keeps quite busy with the school district, she still finds time to give to her community by teaching Sunday school and Vacation Bible School. She is also a member of the church mass choir, works with the Youth Council and is the Treasurer and member of the usher board at the Taylor Street Missionary Baptist Church, in Sacramento.

The basis of Golden's belief is stated by the use of an old African proverb, "It takes a whole village to raise a child."

"I feel the children of today are our future, the more time we spend with them today, the better our country will be tomorrow," she added.

Golden would like to thank her mentor, Velma Strong, Grant High School's Community Contact Person, for helping her to become an advocate for all children. She would also like to thank the Grant High School and the district for letting her be a part of their village.

Jobs

Focus Center

This section contains some of the job announcements available at the McClellan Air Force Base FOCUS Center. For additional information, contact the FOCUS Center, Bldg. 200, Room 40, at 643-5661. The center is open Monday and Wednesday 7 a.m. to 4 p.m., Tuesday and Thursday 7 a.m. to 5 p.m. and Friday 7 a.m. to 3 p.m. Note: Copies of the vacancy announcements are available in the FOCUS Center. Review

Position: Computer Specialist, GS-334-09/11

the announcement and contact the agency

for KSAs and/or additional information.

Annc#: FWS1-00-186 Close: Aug. 10 Location: Sacramento

Agency: U.S. Fish and Wildlife Services **POC:** Personnel Staff (503) 231-6136

Remarks: See note

Position: Patient Services Assistant, GS-0303-

5/5

Annc#: 2000-85MC Close: Aug. 13 Location: Oakland

Agency: VA, Veterans Health Administration **POC:** Barbara Nelson (925) 372-2699

Remarks: See note

Position: Administrative Support Assistant GS-

0303-06/06 **Annc#:** 2000-54MS **Close:** Aug. 14 **Location:** Sacramento

Agency: VA Veterans Health Administration **POC:** Barbara Nelson (925) 372-2120

Remarks: See note

Position: Budget Analyst GS-0560-07

Annc#: OS01-05 **Close:** Nov. 7

Location: Beale AFB, CA, Patrick AFB, FL,

Scott AFB, IL.

Agency: USAF, AF Civilian Personnel Manage-

ment Center

POC: Call Center (800) 558-1404

Remarks: See note

Position: Supervisory Inventory Management

Specialist GS-2010-09/11 Anne#: 2000-71MS Close: Aug. 11 Location: Sacramento

Agency: VA, Veterans Health Administration **POC:** Barbara Nelson (925) 372-2120

Remarks: See note

Position: Maintenance Worker Supervisor WS-

4749-07

Annc#: GOGA-00-44(MPP)

Close: Aug. 11

Location: San Francisco

Agency: Interior, National Park Services **POC:** Human Resources Staff (415) 561-4770

Remarks: See note

Position: Evaluator GS-0301-07/07

Annc#: I-00-93 Close: Indefinite Location: San Francisco

Agency: DOT, Office Of Inspector General **POC:** Office Of Human Resources (202) 366-

2677 e-mail hrstaff@oig.dot.gov

Remarks: See note

Position: Telecommunication Specialist GS-

0391-11

Anne#: R517-051-00 Close: Aug. 18 Location: Bishop, CA Agency: Tahoe National Forest

POC: Human Resources Office (530) 478-6169

Remarks: See note:

Position: Maintenance Mechanic WG-4749-09/09

Annc#: 2000-104MS Close: Aug. 9 Location: Sacramento

Agency: VA, Veterans Health Administration **POC:** Barbara Nelson (925) 372-2120

Remarks: See note

Position: Civil Engineer GS-0801-07/11

Annc#: 00-033 Close: Aug. 14 Location: Sacramento

Agency: Department Of Energy **POC:** Jill Briggles (202) 219-2992

Remarks: See note

Position: Food Service Worker WG-7408-01/02

Annc#: MPA 126-00 Close: Dec. 29 Location: San Francisco

Agency: VA, Veterans Health Administration **POC:** Cameron Johns (415) 750-2107

Remarks: See note

Position: Food Service Worker WG-7408-03

Annc#: MPA 144-00 **Close:** Aug. 9

Location: San Francisco

Agency: VA, Veterans Health Administration **POC:** Cameron Johns (415) 750-2107

Remarks: See note

Non-Federal Jobs

Position: Clerk II

Salary: \$965 A Month (plus shift differential)

Close: Aug. 16 Location: Sacramento

Agency: Sacramento City College

POC: Application Assistance Office (916) 568-

3112

Remarks: See note

Position: Minority/Women Enterprise Coordi-

nator/Program Advocate

Salary: \$62,160-\$77,640 annually

Close: Continuous
Location: Sacramento
Agency: SMUD
Remarks: See note

Position: Account Clerk I/II Salary: \$10.38-\$14.32 Per Hour Close: Open Continuous

Location: Sacramento **Agency:** Sacramento County

POC: Sacramento County Employment Office

(916) 874-5593 **Remarks:** See note

Leave authorized for interviews

Jim Barone, Sacramento Air Logistics Center director and Jim Franco, president of the McClellan chapter of the American Federation of Government Employees, have approved implementation of provisions outlined in Air Force Instruction 36-815, paragraphs 8.7.3 and 8.7.4. Employees are authorized to attend job interviews within the COMMUTING AREA for another federal agency, a local organization or a private business concern without a charge to leave.

This, also, includes any job fair held on base. A reasonable amount of time will be allowed for these events with the approval of the supervisor. Employees and management must understand that any injuries sustained while engaged in any of the above events will be treated as on-the-job injuries and processed in accordance with established regulations governing such. If you have questions, contact your organizational Employee Relations Specialist.



Movies

Movies start at 7 p.m., unless otherwise noted, in Bldg. 1417. Movies are subject to

Boys and Girls - Friday

Starring: Freddie Prinze, Jr. and Claire

From the moment they first meet as kids on an airplane, Jennifer and Ryan set the tone for their life-long relationship: fighting and flirting with equal skill. But by the time they both get to college, their decade-long antagonism starts turning to friendship, brutally honest, no holds barred, true thing friendship, the kind only one unexpected thing could possibly destroy: sex. (PG -13 - sexual con-

The Adventures of Rocky and Bullwinkle -Saturday and Sunday

Starring: Animated

Yes, it's true, those notorious No-Goodniks, Boris and Natasha are back, and as usual are up to no good. This time they have managed to break the secret code and make the leap from their cartoon existence into the real world. Led by a criminal mastermind, they have devised a plot to take over the world. (PG - mild brief language)

Youth Center

- Today: Open recreation, 2-6 p.m.; open gym, 2-3 p.m. and 4:15-6 p.m.; open snack bar, 2-5 p.m.; advanced gymnastics, 3:15-4:15 p.m.; Moms, Pops, and Tots, 10-11 a.m.
- Friday: Open recreation 2-6 p.m.; open snack bar, 2-5 p.m.; open gym, 2-6 p.m.; Skate night, ages 5-8, 6:30-8:30 p.m., members \$2, nonmembers \$4.
- Saturday: Open recreation and snack bar from noon-5 p.m. Art Club meets at noon.
 - Sunday: Closed
- Monday: Open recreation and gym, 2-6 p.m.; open snack bar, 2-5 p.m.
- Tuesday: Open recreation, 2-6 p.m.; open snack bar, 2-5 p.m.; open gym, 2-3 p.m. and 4:15-6 p.m.; beginning gymnastics, 3:15-4:15 p.m.
- Wednesday: Open recreation, 2-6 p.m.; open gym, 2-5:15 p.m.; open snack bar, 2-5 p.m.

For more information, call 643-2074.

Traveling this summer: know how to get medical care while away from home

Summer is here, and with the warmer weather arriving, it's time to make travel plans. Whether you are taking a vacation or making a permanent change of station, you'll need to know how to use Tricare while away from home.

First, you need to know the difference between an urgent medical condition and an emergency so you know which type of care you need.

What is an emergency?

An emergency is a sudden and unexpected medical condition that threatens your life, limb or sight or causes severe pain and requires immediate medical treatment.

Some examples of emergencies are: loss of consciousness; shortness of breath; chest pain; uncontrolled bleeding; sudden or unexpected weakness or inability to move; drug overdose; poisoning; and suicide attempt.

How to get emergency care away from home

In an emergency, call 911! Or, go directly to your nearest hospital emergency room. Whether in the United States or in a foreign country, you do have Tricare benefits for emergency care.

If you are admitted into the hospital on an emergency basis, and you are a Tricare Prime member, you, the hospital or a family member must notify your Primary Care Manager's office or call a Health Care Finder at (800) 242-6788 within 24 hours of your hospitalization. Remember to always carry your Tricare Prime ID card with you.

If you use Tricare Extra or Standard and need medical care while traveling, Tricare Standard cost-shares and deductibles will apply.

What is an urgent condition?

Urgent care is needed to prevent an illness or injury from becoming worse. An urgent condition is not life threatening, but medical care is needed within several hours or a day. The difference between an urgent condition and an emergency condition is that an emergency requires immediate medical care to prevent death or a serious worsening of health.

How to get urgent care for Tricare Prime

If you are a Tricare Prime member and you have an urgent medical condition while you are traveling two hours or more away from home, you will need permission, or a preauthorization, from the Health Care Finder before you receive care. Call (800) 242-6788 to reach a Health Care Finder. Health Care Finders are available 24 hours a day for urgent situations. If you don't get a preauthorization for urgent care, you will pay a higher percentage of the costs. If you need routine medical care, wait until you return home.

How to find care while away from home

If you need to find an urgent care center while away from home, call a Health Care Finder at (800) 242-6788 for help. If you are out of the country, you can contact a local military treatment facility or a U.S. consulate office for help. When traveling, you may be asked to pay for civilian medical services at the time you receive them. If this happens, pay the bill and submit a claim. A Beneficiary Services Representative at your local Tricare Service Office can help you do this when you return home.

Traveling tip!

Before you leave home, stop by a Tricare Service Center for details on what to do for medical care while out of the country.

If you need medication while traveling

If you need medication for an urgent condition while traveling, you probably will have to pay for the medicine up front and submit your claim for reimbursement when you return home. Call (800) 242-6788 for help.

If you are taking a long vacation and you want to make sure you don't run out of medicine while you are away, the National Mail-Order Pharmacy can help. You can get up to a 90-day supply when you order your medications through the National Mail-Order Pharmacy. For more information, call (800) 903-4680.

For additional information, try these Web sites:www.merck-medco.com to order prescriptions online www.TRICARE.osd.mil/ *ClaimForms* to download claim forms

Active Duty Service Members

If you are active duty and need health care while traveling, go to the nearest military treatment facility for urgent care, or call a Health Care Finder at (800) 242-6788 for help finding care. In an emergency, go to the nearest emergency room or call 911.

New system streamlines civilian process

WRIGHT-PATTERSON AIR FORCE BASE, Ohio—Civilian employees should practice writing resumes and learn how to get them through the civilian personnel system because the new Modern Defense Civilian Data System comes on line in 2001.

Implementing the Modern System, and it's partner, the Standard Automated Inventory and Referral System, will be a major change for today's employees who are used to automatic consideration through the current merit promotion system, said Maribeth Cynkar, Air Force Materiel Command Personnel Management Section chief.

Under STAIRS, employees will describe their experience in a resume, review vacancy announcements and self-nominate only for those positions they're interested in; employees only need to submit a resume one time.

STAIRS empowers employees to write and describe their work experiences. In addition, it provides employees the freedom to choose the jobs they want.

"What this means is a person will now receive consideration for promotions by applying for positions and sending in a resume rather than automatically being considered for a promotion as happened under the old system," Cynkar said. "This is great for everyone involved; management gets a list of names of employees who are actually interested in the job, and the employee only has to compete with those who want the job."

"Deploying the Modern system will allow the STAIRS system to come on line. STAIRS contains a combination of two computer software packages, Resumix and the Civilian Personnel Decision Support System," Cynkar said. "Resumix is a commercial automated staffing program the Defense Department purchased to streamline staffing procedures. CPDSS is an Air Force system designed to provide additional flexibilities to the staffing process."

If an employee chooses, he or she may send in an updated resume, which replaces the original, Cynkar said. In the past, if a person was interested in applying for more than one civilian vacancy announcement, they had to submit a separate resume or application for each, along with supporting documentation. With STAIRS, when an applicant submits a resume, it's put in the Resumix database to be used to fill any Air Force vacancy the employee identifies through the self-nomination process.

The vacancy announcement and self-nomination processes are streamlined, automated and easily accessible for employees, Cynkar Classes are scheduled for Monday, Tuesday, Aug. 15 and 16 at the community center. Two sessions will be offered on each day at 8 a.m. and 1 p.m. For more information or to register for a session, call the FOCUS Center at 643-5661.

said. Job announcements will be available to employees through three different means: Weekly postings on the Air Force Personnel Center homepage, e-mail notification through the Civilian Announcement Notification System and voice-back or fax-back through the Interactive Voice Response system.

Under the Civilian Announcement Notification System, employees may register for the series, grades and locations of vacancies they're interested in and they'll receive an e-mail message every time a vacancy announcement is posted for those positions.

The Interactive Voice Response System is a touch-tone phone system where vacancy announcements will be posted and can be voiced-back or faxed back to the caller, Cynkar said. This will be available 22 hours per day, seven days a week.

"This combination will enable employees who are TDY or on leave to still have access to vacancy announcements," she said. "In addition, self-nomination for consideration to vacancy announcements may be accomplished either through the IVRS system or through the AFPC homepage."

Since January 2000, an Air Force Modern Systems Deployment Group, consisting of member from all the major commands, the Air Staff and the Air Force Personnel Center has met monthly to review deployment issues and resolve concerns associated with the deployment. In February, Air Force began preparing the civilian personnel offices to deploy the modern system by hosting train-the-trainer courses in systems administration, functional use and resume preparation classes.

"STAIRS training will start in the very near future for all nonbargaining unit employees. Employees who are covered by a bargaining unit will receive training on the new system once the labor obligation has been completed."

Classes are scheduled for Monday, Tuesday, Aug. 15 and 16 at the community center. Two sessions will be offered on each day at 8 a.m. and 1 p.m. For more information or to register for a session, call the FOCUS Center at 643-5661. (*AFMCNS*)

SWAP MEET

For Sale

'91 Ford Ranger -- Red, extended cab, 6 cyl, rear slide window, \$3,000 obo. Call 344-6427.

'70 Chevelle Malibu 350 -- 2-dr, hard top, auto, p/s, p/b, a/c, good cond, orig owner, \$2,400. Call 961-5928 eves.

Aquarium -- 45 gal hexagon, w/wood stand, light, pumps and more, \$140 obo. Call 786-3052.

Editor's note: Swap ads are a free, space-available-only service for military members, civil service employees, retirees and associated family members possessing current ID cards. The ads must be for the personal use of the card holder.

Only a home phone or address may be used in the ad; no base extensions or base e-mail addresses are allowed, except for dormitory residents (residential status must be stated on ad). Personal e-mail addresses will be accepted.

Drop off ads at Bldg. 200, room 125. Swap ads will not be published without a signature. The deadline is noon, Wednesday for possible publication in the following Thursday's issue. Only one Swap ad per household per week, up to 50 words, may be submitted.

However, the ad can apply to more than one category, such as items wanted/trade, vehicles, furniture and yard sales. Spacemaker reserves the right to edit.

No ads for money-making businesses, including daycare, or the sale of firearms or firearm accessories will be accepted.

To run a swap ad again, it must be resubmitted. For more information, call the Spacemaker at 643-6100.